



Sunrise Breakfast Buns



Preheat oven to 350° F.

1. Lightly spread each slice of bread with margarine.

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| Bread (whole wheat, rye or multi-grain) | 6 slices |
| Margarine | 1-2 teaspoons |

Press a slice of bread, margarine side down, into each muffin cup.

2. In a small bowl, mix:

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| Eggs | 6 |
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Pour mixture on top of bread in the muffin cups.

3. Sprinkle on top with:

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|------------------------|---------|
| Green onion, chopped | 1/4 cup |
| Cheddar cheese, grated | 1/4 cup |



4. Place in 350° F oven for about 15 - 20 minutes. You will know buns are done when a knife is inserted in the middle and comes out clean.

Serves 6

Tips:

- ◆ Add fresh or frozen vegetables or ham to egg mixture
- ◆ Freeze leftover buns for a quick and easy treat.