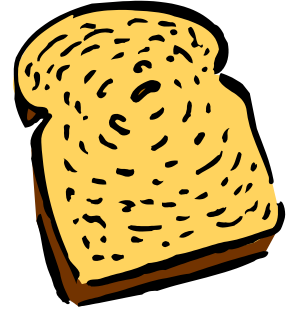


Italian Bruschetta

(Tomato Basil Toast)



1. In a small bowl, combine:

tomato	1 large
basil	1 tablespoon
garlic	1 clove (or 1/2 teaspoon of garlic powder)
salt and pepper	to taste

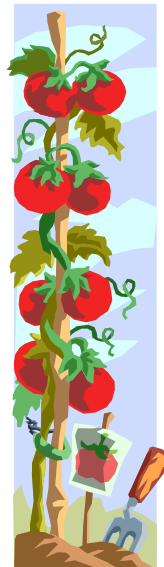
Cover the bowl and put in the fridge for 15 to 30 minutes.

2. 3 slices of bread or bagels or biscuits in quarters (or 4 pieces) and place on a baking sheet. Broil in the oven until the bread is browned on the top.
3. Spoon the tomato mixture on the bread and sprinkle with parmesan cheese or shredded mozzarella cheese.
4. Broil for 1 minute.

Serves 3-4 people

Tip:

- use leftover tomato mixture in a salad or add to a tomato sauce



Adapted from Instant Chef #4, 1999