

# Friendship Soup Mix

Friendship soup is a dry mix that can be kept in your cupboard.  
When you are ready to make the soup, just add the extra ingredients.

**To make the dry mix, add the following to a clean jar or a snack size bag:  
(in this order)**

Basil	2 teaspoons
Oregano	2 teaspoons
Garlic powder	2 teaspoons
Thyme	2 teaspoons
Salt	1 teaspoon
Pepper	½ teaspoon
Rice, uncooked	¼ cup
Dry red lentils	¼ cup
Barley	¼ cup
Macaroni	¼ cup



## Extra Ingredients:

Oil	2 tablespoons
Onion, chopped	1 small
Water	8 cups
Black beans, drained	1 can (540 ml)
Tomatoes, diced	1 can (796 ml)

## How to make the Friendship soup:

1. In a large pot, add oil and onion. Cook onions until soft over medium heat.
2. Add the dry mix and the extra ingredients to the pot. Bring to a boil.
3. Reduce heat, cover and simmer for 40 minutes.

Makes 14 cups of soup!

