

Easy Drop Biscuits



1. Preheat the oven to 375°F.
2. In a large bowl, mix together:

Whole Wheat Flour	1 cup
White flour	1 cup
Baking Powder	1 tablespoon
Salt	½ teaspoon

3. Mix in soft margarine with a fork or hands until mixture is crumbly.

Soft margarine	⅓ cup
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4. Add the milk, mix until just blended.

Milk	1 ¼ cup
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5. Drop by large spoonfuls onto a lightly greased cookie sheet.
6. Bake 15 to 18 minutes or until golden brown.

Makes 12 biscuits

Tip – Try adding ¼ cup shredded cheese or 1 teaspoon garlic powder or ¼ cup raisins to the dough

Adapted from Cooking Healthy Together, Toronto Public Health, 1997

Courtesy of Healthy Start for Mom & Me, Winnipeg Tel: 204-949-5350 Website: www.hsmm.ca

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