

Cheesy Ground Beef Casserole

Ingredients:

1½ cups macaroni
1 pound (0.45 kg) ground beef
1 small onion, chopped
1 can (284 ml) condensed tomato soup
1 can (284 ml) mixed vegetables, drained
¾ cup cheese, grated



Directions:

1. Preheat oven to 350°F.
2. In a medium pot of boiling water, add macaroni and cook for 8 minutes, or until macaroni is tender. Drain and set aside.
3. Meanwhile, in a large pot, add ground beef and onion. Cook until ground beef is browned. Drain the fat.
4. Add tomato soup, mixed vegetables and cooked macaroni to pot with ground beef. Stir together and pour mixture into a greased casserole dish. Top with grated cheese.
5. Bake in oven uncovered for 30 minutes.

Serves 6

Tips:

- Buying pre-shredded cheese at the store is expensive. Buy a block of cheese instead and shred it with a cheese grater to save money.
- Instead of using canned vegetables, use your favourite fresh or frozen vegetables, such as carrots, corn or zucchini.

