

Why I Don't Like My Bottle Propped

My baby teeth can grow in rotten.
If you put me to bed with a bottle
the milk stays on my gums all night.

I get lonely. I learn so much
by gazing at your face and
hearing you talk to me.

I get frustrated when the bottle
drops out of my mouth.
This can make me fuss.

I could choke if I burp
up some milk.

You can't see my pain when
I get gas in my tummy.

When you hold me for feeding,
I learn about loving and
being sociable.

Milk can get into my ear canals
and make my ears ache.

I don't feel safe and loved
when I am alone. Feeding is a special time
for just you & me.



... so, please hold me when you feed me!

Illustration by Sue Gordon
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